

OXFORD

PERSONAL & GROUP TRAINING



INDIVIDUAL
60 min

- ✓ 5 Sess - \$ 420
- ✓ 10 Sess - \$ 792
- ✓ 20 Sess - \$ 1518



INDIVIDUAL
45 min

- ✓ 5 Sess - \$ 360
- ✓ 10 Sess - \$ 636
- ✓ 20 Sess - \$ 1218



PAIR
60 / 45 min

- ✓ 5 Sess 60 - \$ 642
- ✓ 10 Sess 60 - \$ 1,176
- ✓ 5 Sess 45 - \$ 522
- ✓ 10 Sess 45 - \$ 948
- ✓ 20 Sess 45 - \$ 1,824



GROUP 3 +
60 min

- ✓ 5 Sess 3 - \$ 846
- ✓ 10 Sess 3 - \$ 1,548
- ✓ 5 Sess 4 - \$ 972
- ✓ 10 Sess 4 - \$ 1,776

Program Design \$ 174